

grain & grill

STARTERS

Homemade Soup of the Day	€4.95
With freshly baked bread roll (contains allergens 6 wheat, 7, 9, 10, 11, 12)	
Frank's Hot Wings	€7.50
Marinated chicken wings in Cayenne sauce, chive mayo and celery sticks (contains allergens 7, 9, 11, 12)	
Loaded Potato Skins	€6.95
Stuffed with bacon lardons, potato and herb, topped with mozzarella cheese and sour cream (contains allergens 7, 9, 13)	
Classic Caesar Salad	€7.50
Crisp cos lettuce, garlic croutons, parmesan shavings and creamy Caesar dressing (contains allergens 3 anchovies, 6 wheat, 7, 8, 11, 13)	
Beetroot & Goat's Cheese Salad	€8.95
Rocket leaves, caramelised walnuts and balsamic dressing (contains allergens 5 walnuts, 7, 9, 13)	
Caprese Bruchetta	€8.50
Toasted ciabatta topped with marinated tomatoes and buffalo mozzarella and drizzled with basil pesto (contains allergens 6 wheat, 7, 8, 11, 13)	

MAIN COURSE

Chefs Roast of the Day	€13.95
Served with mashed potato & vegetables (contains allergens 7, 9, 12, 13)	
Grilled Bangers & Mash	€13.95
Award winning sausages, creamy champ with Guinness & onion gravy (contains allergens 6 wheat, 7, 8, 9, 12, 13)	
Grain & Grill Thai Red Chicken Curry	€15.95
Authentic Thai Red curry with a Subtle spice finished with Sautéed vegetables, basmati rice (contains allergens 7, 9, 12)	
Classic Fish & Chips	€15.95
Haddock fillet, crisp batter, caramelised lemon, tartar sauce & fries (contains allergens 3 Haddock/Anchovies, 6, 9, 11)	

8oz Angus Beef Burger €15.95

Served in a brioche bun, crisp lettuce, tomato, mayo with swiss cheese
(contains allergens 6 wheat, 7, 8, 9, 11, 13)

Philly Cheese Steak Sandwich €16.95

Irish sirloin of Beef, marinated in parsley & garlic, with sautéed pepper, onions & mushrooms. Served in a cheese sauce with chipotle mayo on Ciabatta, fried & salad
(contains allergens 6 wheat, 7, 8, 9, 11, 12, 13)

Vegetable Enchilada €11.95

Served in a toasted wrap with seasonal vegetables, sautéed with sweet chilli sauce topped with Mozzarella cheese, sour cream and fries
(contains allergens 6 wheat, 7, 8, 11, 12)

DESSERT

Warm Apple Pie €5.50

Coated in a dairy custard with fresh cream
(contains allergens 5 nuts, 6 wheat, 7, 8, 9, 11, 14)

Maldron Cheesecake €5.50

With fruit coulis and fresh cream (contains allergens 5 nuts, 6, 7, 11)

Warm Chocolate Fudge €5.50

With chocolate sauce & fresh cream (contains allergens 5 nuts, 6, 7, 8, 9, 10, 11)

Crème Brulee €5.50

Served with red velvet cookies & fresh strawberry
(contains allergens 5 nuts, 6, 7, 8, 9, 10, 11)

TEA OR COFFEE

2 COURSE MEAL:
€19.00 PER ADULT

3 COURSE MEAL:
€25.00 PER ADULT

Choose from either a starter and main or main and dessert

ALLERGEN INDEX

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|----------------|------------------------------|--------------------|-----------------------|
| 1. Crustaceans | 5. Nuts | 8. Soya | 12. Celery & celeriac |
| 2. Molluscs | 6. Cereals containing gluten | 9. Sulphur dioxide | 13. Mustard |
| 3. Fish | 7. Milk/milk products | 10. Sesame seeds | 14. Lupins |
| 4. Peanuts | | 11. Eggs | |

Quality assured Irish beef born and prepared in Ireland